

COVID-19 absence: A quick guide for parents/carers

What to do if your child has COVID-19 symptoms*?

- Your child shouldn't attend nursery and must get tested as soon as possible
- Your whole household must self-isolate while waiting for the test results
- Inform your nursery immediately about your child's test results

Your child can go back to nursery if their test comes back negative and is symptom free.*

What to do if your child tests positive for COVID-19?

- Your child shouldn't attend nursery and you must inform our nursery immediately
- Your child must self-isolate for at least 10 days from when their symptoms started (or from the day of test if no symptoms shown)
- Your whole household must self-isolate for 14 days from when their symptoms started (or from the day of test if no symptoms shown) - even if someone tests negative during those 14 days

Your child can go back to nursery when they feel better, and are without a fever. They can return to nursery after 10 days even if they have a cough or loss of smell/taste as these symptoms can last for several weeks once the infection is gone. However, it is important to keep your child at home when they are generally unwell in accordance with our Medicine and Sickness Policy.

What to do if somebody in your household has COVID-19?

- Your child shouldn't attend nursery and you must inform our nursery immediately
- Your household member with symptoms* should get tested
- Your whole household should self-isolate while waiting for the test results

Your child can go back to nursery if the test is negative and your child is symptom free.*

What to do if somebody in your household tests positive for COVID-19?

- Your child shouldn't attend nursery and you must inform our nursery immediately
- Your whole household should self-isolate for 14 days from when their symptoms* started (or from the day of test if no symptoms shown) - even if someone tests negative during those 14 days

Your child can go back to nursery when they've completed 14 days of self-isolation, even if they test negative during the 14 days.

What to do if NHS Test & Trace identifies your child as a 'close contact' of somebody with symptoms* or confirmed COVID-19?

- Your child shouldn't attend nursery and you must inform our nursery immediately
- Your child must self-isolate for 14 days (as advised by NHS Test & Trace) - even if they test negative during those 14 days
- The rest of your household does not need to self-isolate, unless they are a 'close contact' as well

Your child can go back to nursery when your child has completed 14 days of self-isolation, even if they test negative during those 14 days.

What to do if your family has travelled and must quarantine?

- Before travelling consider quarantine requirements and FCO advice
- Provide your nursery with your travel information as per our attendance policy

When returning from a destination where quarantine is needed:

- Your child shouldn't attend nursery and you must inform our nursery immediately
- Your whole household must self-isolate for 14 days - even if someone tests negative during those 14 days

Your child can go back to nursery when the quarantine period of 14 days is complete, even if they test negative during those 14 days.

What to do if you receive advice from a medical/official source that your child must resume shielding?

- Your child shouldn't attend nursery and you must contact your nursery as advised by the nursery attendance terms and conditions
- Your child should shield until you're informed that restrictions are lifted

Your child can go back to nursery when your nursery informs you that shielding restrictions have been lifted.

What to do if you are not sure who should get a test for COVID-19?

- Only people with symptoms* need to get tested
- People without symptoms* are not advised to get a test, even if they're a 'close contact' with someone who tests positive

Your child can go back to nursery when conditions matching your situation are met.

**Symptoms include a high temperature, a new continuous cough or a loss/change of your sense of taste or smell.*

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