

Egg Heads Activity

A fun and simple activity to enjoy all year round. Your child will love decorating their eggs and watching the cress grow, perfect for egg and cress sandwiches! Check on it each day as the cress grows.

WHAT DO I NEED

- 2 eggs
- 2 cotton wool balls
- 2 tbsp cress seeds
- 2 egg cups / empty egg carton
- Felt tip pens

METHOD

- Crack the top of each egg and pour out the inside
- Wash the empty shell with cold water and leave to dry
- Decorate the outside of the egg with felt tip pens
- Wet the cotton wool and put a piece inside each egg
- Put the eggs in an egg cup/carton and sprinkle cress seeds inside each egg

