

Tea Party Activity Card

Perfect to enjoy in the garden during the sunny weather! This activity will help develop your child's independence skills that they will need during lunchtimes at school.



WHAT DO I NEED

1. Teddy bears/dolls
2. Food in different packaging
3. Plates and cutlery
4. Paper and pencil/pens
5. Different storage containers or a pack lunch box

METHOD

1. Ask your child which toys they want to invite to their Tea Party and make invitations
2. Discuss with your child what food they would like at their tea party. You could make a list together for your shopping trip.
3. Support your child in opening the packaging and making the food, encourage them to use utensils to spread and cut the sandwiches
4. You could use different containers or a lunchbox to transport your lunch to the garden or another area in the house to help them develop the skills to open their pack lunch box
5. Ask your child to set up the tea party area and count how many plates, cups and cutlery they need to lay out for every guest
6. Support your child in pouring drinks and laying out the food
7. Encourage good manners and discuss the importance of healthy eating and drinking water

#readyforschool