

My Box Activity Card

Music has a great impact on your child's learning – and it makes everything fun! So, why not create your own 'My Box' to use over and over with different items for your little one to guess the sounds. You can even give them the responsibility of being the one to hold the box and you to guess the sounds.



WHAT DO I NEED

1. An empty cardboard box with hole in the side
2. Six sound making household objects, such as:
 - a. a set of keys
 - b. a ball of scrunched tin foil
 - c. toys that rattle or squeak
 - d. spoons to bang together
 - e. a tin with its lid close
 - f. a garlic press

METHOD

1. Turn the box on its side with the hole facing away from your child
2. Show your child each object and demonstrate the sound they make
3. Place all the objects into the box
4. Sing to the tune of Old McDonald, but using your name, such as: "Mummy has a music box ee lee o, and in that box she has a..."
5. Encourage your child listen as you put your hand in the box to make a sound using one of the objects
6. Ask your child, "Can you guess what made that sound?"
7. Repeat the song with every object
8. Ask your child if they would like a turn to make the noise and you guess what object it is