

How do you put this on? Activity Card

We all like to help others, and children are no different. So, of course they will like to help teddy to get dressed, practising different fastenings and building confidence all the while.



WHAT DO I NEED

1. A large teddy (or teddies if your child wants to dress more)
2. A selection of clothing with different fasteners that will fit the teddy
3. A box or a bag to put the clothes in

METHOD

1. Sit with your child on the floor
2. Explain that teddy needs help to get dressed today (maybe he is going out with you and it is sunny/raining outside?)
3. Encourage your child to remove an item of clothing from the bag
4. Ask them about the piece of clothing i.e what it is? where do you wear it and why?
5. Have your child to place the clothing on the teddy (supporting them with fasteners if they are unable to do this independently)
6. You can take turns in removing a piece of clothing from the bag until teddy is dressed and ready for his outing!

#readyforschool