

# Facial Expressions Activity Card

A simple game that allows your child to develop a better understanding on different facial expressions and emotions. This will help them to learn how to express their feelings as well as understand others.



## WHAT DO I NEED

1. Camera or mirror

## METHOD

1. Take turns with your child to choose a feeling word i.e happy, sad, angry, cross and then express the word through exaggerated facial expressions and body language.
2. Encourage your child to look in the mirror or take a picture on your phone so they can see what their expression looks like when they feel the emotion.
3. As the game continues, you can introduce more complex words such as surprised and excited.